

संशोधक

• वर्ष : ९१ • डिसेंबर २०२३ • पुरवणी विशेषांक १४



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Dear Life by Dr. Jagruti Vyas Trivedi :
A Reflection of the Hollowness in the Contemporary Society

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Abstract :

'Dear Life A Collection of Poems' by Dr Jagruti Vyas Trivedi takes the readers on a serene voyage with its modest yet fresh verses one after the other. In all its 43 poems, Dr Vyas touches different aspects of life in her elegant, style with an equally simple diction. Her approach towards poetry is modern though the aspects she deals with are of perennial importance in life. A few of her verses unfold higher spiritual meaning and express poet's desire for being one with the 'Divine'.

Keywords :

Contemporary, contentment, life, perennial, solace.

The beauty of Dr. Vyas' poetry, its unique newness and fresh fragrance simply impress all the types of readers; young and old, men and women, novice and seasoned. The very foreword of the book which is given by the renowned critic and author Dr Ashutosh Javadekar speaks volumes about the poetry collection. He writes :

"Dr. Jagruti Vyas Trivedi's poems are unique for two reasons - those poems scream of authenticity with an absolute and trite harmony between her diction, the rhythm- her poems choose and the expression she wishes to portray. And then there is another reason which makes it stand above rest of the lot - her poems dwell in a realm which tries to bridge the fissure that deepens as age and experience grows between the earthly reason of existence and metaphysical purpose of life, if any."

This paper is an humble effort to put forth some such similar facets as found in the poems in 'Dear Life'.

In the poem The Quest the poet tries to find answer of the eternal question in a unique and modern way. The queries related to existence,

relevance of existence, ultimate destiny of human life etc. troubles the mind of the poet and she tries to get answer to her queries through the techno savvy way which is used every now and then in the present world:

Search engine, key to all queries....

"Type your text here"..... I type, www.g-d...

Search engine operates, I watch it intently...

...suddenly it produces, 84, 00,000 results...

42, DL

The poem The Quest exemplifies the modern way of searching for the ultimate answer. The soul has to pass through 84, 00,000 births before it can attain salvation. The medium of search can change but not the ultimate answer.

In the poem The Excuse the poet gives a powerful expression to the feeling of failure which is recurrent in the life of people in recent time. The business and a routine schedule in doing so many things everyday keeps the poet extremely busy but it sometimes makes her feel suffocated too:

Routine, the monotonous, mundane maze,

Meandering the same ways...

Smothering sometimes,

Yet sustains my breathing...

Justifies in a so called way

My so called life, always!

35 DL

Routine in modern life has become so that it neither gives satisfaction of a productive and fruitful life nor it allows some respite to breathe freely. The business in the routine life smothering and the modern man uses it as an excuse to hide his/her failure. The poet says that 'My Routine' is a consolation against the feeling of failure for not being able to transcend the boundaries between less time and timelessness from doing nothing to nothingness. 'The Excuse' the



most appropriate reflection of vacuum in the life of a modern man.

Inaction in routine life pinches the heart of the poet and she gets disturbed by qualms of conscience that prick her over passing time of life and her inability to perform something substantial which could be the ultimate goal of life. Whenever someone asks 'What's up?' She gets nervous over her own reply 'nothing much'. Dr Vyas strikingly voices the frustrated mindset of people in present times for neither having respite, nor having work satisfaction and contentment in her poem Inaction. Something is always missing in spite of having everything. Days in life pass without any contentment at heart.

Parting is another poem in DL which closely reflects the life of modern people, their hectic schedule, chronic health issues as a result and untimely final parting from the world with heavy heart with so many things unsaid. The poet says:

Heart....??? When did I listen to it last?

With every beat, it repeats, its own tender wishes, its own priorities!

But, this monotonous maze, makes me miss, its stifled appeals....!

I Procrastinate...I Postpone...! The deferment continues....

Tiptoeing pass the moments, Unbidden falls the twilight.....!

- 68-69 DL

The stanzas in Parting mirror the real life situation today when family members have no time to spend with each other, friends and relatives hardly meet each other heart to heart and the simple desires remain unfulfilled in the wake of duties, assignments and priorities. It is the reason of stress, blood pressure, heart attacks and other recurring health issues to a great extent. Scarcely do we find contemplation of it in poetic world but Dr Vyas's literary genius catches the very basic issues in the life of people in present times and rightly does she give expression to it.

The poem Virtual Happiness is a novel expression about the modern trend of judging

happiness through the online platforms like DP, status, tweets, Instagram stories etc. The poet nostalgically goes into past and reflects on the easeful, effortless presentation of happiness in life in the days by gone

Happiness ...!

Glistened through my eyes...

Floated on my lips...

Every line on my face,

a hieroglyphic of my joy...

Sharing and caring, the keys of smiles!

Reading of the faces,

So easeful...So effortless!!

60 DL

The poet is sad for the drastic changes in the ways happiness is judged, represented, shared, and expressed today in the virtual world. In the technologically advanced world happiness is posed in tweets, shares and comments and is expressed through emoticons and to be judged and read through facebook rather than real faces and instagram stories and online status rather than one to one interaction. Shining eyes, smiling lips, peaceful gesture, sharing and caring attitude all such simple gestures have been replaced by virtual features likes, shares, comments, forwards, emoticons, Facebook and so on.

The poem entitled Sine Die brings forth the strange journey of life and its continuity in its own realm without any concern for anything else. Dr Vyas powerfully expresses that life is not a simple course rather it is a strange vignette which goes on endlessly and indefinitely. Dreams break in its course. Proposals wreck still it goes on. Often it is felt that rigorous routine smother and liabilities, worries and cares bother human heart, life still goes on. Ageing shows its effects on both body and mind, wishes starts fading along with physical charm still life goes on in its indefinite course.

It goes on....Weird vignette!

Dreams break, Proposals wreck,

Age its own toll takes...

Yet, It goes on....



The world depends on optimism to survive and continue. A positive outlook can change the life of someone who has lost all hope. It is a virtue as precious as oxygen is for a human being. Dr Vyas gives the message of high optimism to the readers through her poem The Torch Bearers. The message it gives is really a sought after in present pressing scenario everywhere. She beautifully elaborates that the virtue of goodness, the virtue of mercy, the virtue of charity are still found in society and it is the power of such virtues which makes it possible to sustain in the chaotic world.

Yes! The world survives...

One single star dispels the dark,

One Single hand steers your bark,

One single hand holds you hard and gets you through...

Yes! The world survives.....!!!

74 DL

Dr. Vyas has brought a poetical feast for the readers through her debut publication 'Dear Life A Collection of Poems'. The poems offer contemplation on aspects of great importance with a entire fresh perception. With its distinct viewpoint,

elegantly simple language, and lofty ideas, the anthology stands out among the many poetry collections that have been released recently. The beautiful remark from Srishti J. is the witness of the love and appreciation Dear Life receives from the readers.

"I must say the way each and every poem written in the book is just remarkable. Every poem has left an imprint on my mind. It helps me to realize the fact that in spite of many difficulties and problems a person should never lose the hope and the will to revive again in life."²

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- * All in text citations are taken from Dr Vyas-Trivedi, Jagruti. Dear Life:A Collection of Poems, notionpress.com 2022, ISBN- 978-1-68538-854-6
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